January			February			March			April				Мау			June			July			August			
Date	Chapter	\checkmark	Date	Chapter	V	Date	Chapter	V	Date	Chapter	\checkmark	Date	Chapter	V	Date	Chapter	V	Date	Chapter	V	Date	Chapter	\checkmark		
1 st	Mark 1		1 st	Acts 8		1 st	Heb . 1		1 st	James 3		1 st	Matt. 20		1 st	Reflection		1 st	Luke 4		1 st	1 Cor. 3			
2 nd	Mark 2		2 nd	Acts 9		2 nd	Reflection		2 nd	James 4		2 nd	Matt. 21		2 nd	Reflection		2 nd	Luke 5		2 nd	1 Cor. 4			
3 rd	Mark 3		3 rd	Reflection		3 rd	Reflection		3 rd	James 5		3 rd	Matt. 22		3 rd	Rom. 15		3 rd	Luke 6		3 rd	Reflection			
4 th	Mark 4		4 th	Reflection		4 th	Heb. 2		4 th	Matt. 1		4 th	Reflection		4 th	Rom. 16		4 th	Luke 7		4 th	Reflection			
5 th	Mark 5		5 th	Acts 10		5 th	Heb. 3		5 th	Matt. 2		5 th	Reflection		5 th	Eph . 1		5 th	Luke 8		5 th	1 Cor. 5			
6 th	Reflection		6 th	Acts 11		6 th	Heb. 4		6 th	Reflection		6 th	Matt. 23		6 th	Eph. 2		6 th	Reflection		6 th	1 Cor. 6			
7 th	Reflection		7 th	Acts 12		7 th	Heb. 5		7 th	Reflection		7 th	Matt. 24		7 th	Eph. 3		7 th	Reflection		7 th	1 Cor. 7			
8 th	Mark 6		8 th	Acts 13		8 th	Heb. 6		8 th	Matt. 3		8 th	Matt. 25		8 th	Reflection		8 th	Luke 9		8 th	1 Cor. 8			
9 th	Mark 7		9 th	Acts 14		9 th	Reflection		9 th	Matt. 4		9 th	Matt. 26		9 th	Reflection		9 th	Luke 10		9 th	1 Cor. 9			
10 th	Mark 8		10 th	Reflection		10 th	Reflection		10 th	Matt. 5		10 th	Matt. 27		10 th	Eph. 4		10 th	Luke 11		10 th	Reflection			
11 th	Mark 9		11 th	Reflection		11 th	Heb. 7		11 th	Matt. 6		11 th	Reflection		11 th	Eph. 5		11 th	Luke 12		11 th	Reflection			
12 th	Mark 10		12 th	Acts 15		12 th	Heb. 8		12 th	Matt. 7		12 th	Reflection		12 th	Eph. 6		12 th	Luke 13		12 th	1 Cor. 10			
13 th	Reflection		13 th	Acts 16		13 th	Heb. 9		13 th	Reflection		13 th	Matt. 28		13 th	Phil . 1		13 th	Reflection		13 th	1 Cor. 11			
14 th	Reflection		14 th	Acts 17		14 th	Heb. 10		14 th	Reflection		14 th	Rom . 1		14 th	Phil. 2		14 th	Reflection		14 th	1 Cor. 12			
15 th	Mark 11		15 th	Acts 18		15 th	Heb. 11		15 th	Matt. 8		15 th	Rom. 2		15 th	Reflection		15 th	Luke 14		15 th	1 Cor. 13			
16 th	Mark 12		16 th	Acts 19		16 th	Reflection		16 th	Matt. 9		16 th	Rom. 3		16 th	Reflection		16 th	Luke 15		16 th	1 Cor. 14			
17 th	Mark 13		17 th	Reflection		17 th	Reflection		17 th	Matt. 10		17 th	Rom. 4		17 th	Phil. 3		17 th	Luke 16		17 th	Reflection			
18 th	Mark 14		18 th	Reflection		18 th	Heb. 12		18 th	Matt. 11		18 th	Reflection		18 th	Phil. 4		18 th	Luke 17		18 th	Reflection			
19 th	Mark 15		19 th	Acts 20		19 th	Heb. 13		19 th	Matt. 12		19 th	Reflection		19 th	Col . 1		19 th	Luke 18		19 th	1 Cor. 15			
20 th	Reflection		20 th	Acts 21		20 th	Gal . 1		20 th	Reflection		20 th	Rom. 5		20 th	Col. 2		20 th	Reflection		20 th	1 Cor. 16			
21 st	Reflection		21 st	Acts 22		21 st	Gal. 2		21 st	Reflection		21 st	Rom. 6		21 st	Col. 3		21 st	Reflection		21 st	2 Cor. 1			
22 nd	Mark 16		22 nd	Acts 23		22 nd	Gal. 3		22 nd	Matt. 13		22 nd	Rom. 7		22 nd	Reflection		22 nd	Luke 19		22 nd	2 Cor. 2			
23 rd	Acts 1		23 rd	Acts 24		23 rd	Reflection		23 rd	Matt. 14		23 rd	Rom. 8		23 rd	Reflection		23 rd	Luke 20		23 rd	2 Cor. 3			
24 th	Acts 2		24 th	Reflection		24 th	Reflection		24 th	Matt. 15		24 th	Rom. 9		24 th	Col. 4		24 th	Luke 21		24 th	Reflection			
25 th	Acts 3		25 th	Reflection		25 th	Gal. 4		25 th	Mat. 16		25 th	Reflection		25 th	Philem. 1		25 th	Luke 22		25 th	Reflection			
26 th	Acts 4		26 th	Acts 25		26 th	Gal. 5		26 th	Matt. 17		26 th	Reflection		26 th	Luke 1		26 th	Luke 23		26 th	2 Cor. 4			
27 th	Reflection		27 th	Acts 26		27 th	Gal. 6		27 th	Reflection		27 th	Rom. 10		27 th	Luke 2		27 th	Reflection		27 th	2 Cor. 5			
28 th	Reflection		28 th	Acts 27		28 th	James 1		28 th	Reflection		28 th	Rom. 11		28 th	Luke 3		28 th	Reflection		28 th	2 Cor. 6			
29 th	Acts 5		29 th	Acts 28		29 th	James 2		29 th	Matt. 18		29 th	Rom. 12		29 th	Reflection		29 th	Luke 24		29 th	2 Cor. 7			
30 th	Acts 6					30 th	Reflection		30 th	Matt. 19		30 th	Rom. 13		30 th	Reflection		30 th	1 Cor. 1		30 th	2 Cor. 8			
31 st	Acts 7					31 st	Reflection					31 st	Rom. 14					31 st	1 Cor. 2		31 st	Reflection			

September				October			Vovembe	r	December				
Date	Chapter	V	Date	Chapter	V	 Date	Chapter	\checkmark		Date	Chapter	\checkmark	
1 st	Reflection		1 st	1 John 4		1 st	John 15			1 st	Reflection		
2 nd	2 Cor. 9		2 nd	1 John 5		2 nd	Reflection			2 nd	Rev. 3		
3 rd	2 Cor. 10		3 rd	2 John 1		3 rd	Reflection			3 rd	Rev. 4		
4 th	2 Cor. 11		4 th	3 John 1		4 th	John 16			4 th	Rev. 5		
5 th	2 Cor. 12		5 th	Reflection		5 th	John 17			5 th	Rev. 6		
6 th	2 Cor. 13		6 th	Reflection		6 th	John 18			6 th	Rev. 7		
7 th	Reflection		7 th	1 Pet. 1		7 th	John 19			7 th	Reflection		
8 th	Reflection		8 th	1 Pet. 2		8 th	John 20			8 th	Reflection		
9 th	1 Tim. 1		9 th	1 Pet. 3		9 th	Reflection			9 th	Rev. 8		
10 th	1 Tim. 2		10 th	1 Pet. 4		10 th	Reflection			10 th	Rev. 9		
11 th	1 Tim. 3		11 th	1 Pet. 5		11 th	John 21			11 th	Rev. 10		
12 th	1 Tim. 4		12 th	Reflection		12 th	1 Thes. 1			12 th	Rev. 11		
13 th	1 Tim. 5		13 th	Reflection		13 th	1 Thes. 2			13 th	Rev. 12		
14 th	Reflection		14 th	John 1		14 th	1 Thes. 3			14 th	Reflection		
15 th	Reflection		15 th	John 2		15 th	1 Thes. 4			15 th	Reflection		
16 th	1 Tim. 6		16 th	John 3		16 th	Reflection			16 th	Rev. 13		
17 th	2 Tim. 1		17 th	John 4		17 th	Reflection			17 th	Rev. 14		
18 th	2 Tim. 2		18 th	John 5		18 th	1 Thes. 5			18 th	Rev. 15		
19 th	2 Tim. 3		19 th	Reflection		19 th	2 Thes. 1			19 th	Rev. 16		
20 th	2 Tim. 4		20 th	Reflection		20 th	2 Thes. 2			20 th	Rev. 17		
21 st	Reflection		21 st	John 6		21 st	2 Thes. 3			21 st	Reflection		
22 nd	Reflection		22 nd	John 7		22 nd	2 Pet. 1			22 nd	Reflection		
23 rd	Titus 1		23 rd	John 8		23 rd	Reflection			23 rd	Rev. 18		
24 th	Titus 2		24 th	John 9		24 th	Reflection			24 th	Rev. 19		
25 th	Titus 3		25 th	John 10		25 th	2 Pet. 2			25 th	Rev. 20		
26 th	1 John 1		26 th	Reflection		26 th	2 Pet. 3			26 th	Rev. 21		
27 th	1 John 2		27 th	Reflection		27 th	Jude 1			27 th	Rev. 22		
28 th	Reflection		28 th	John 11		28 th	Rev . 1			28 th	Reflection		
29 th	Reflection		29 th	John 12		29 th	Rev. 2			29 th	Reflection		
30 th	1 John 3		30 th	John 13		30 th	Reflection			30 th	2 John		
			31 st	John 14						31 st	3 John		







Read the New Testament in 5 minutes a day for 5 days a week utilizing The Navigator 5 x 5 x 5 Discipleship Tool

5 Minutes A Day

This 5 minutes a day reading plan will take you through all 260 chapters of the New Testament, one chapter per day. The Gospels are read throughout the year to weave in the story of Christ all year long.

5 Days a Week

Determine a time and location to spend 5 minutes a day for 5 days a week. It is best to have a consistent time and a quiet place where you can regularly meet with the Lord.

5 Ways To Dig Deeper

Pause in your reading to dig into the Bible. Below are 5 different ways to dig deeper each day. These exercises will encourage meditation. Try a single idea for a week to find what works best for you. Remember to keep a pen and paper ready to capture God's insights.

- ① Underline or highlight key words or phrases in the Bible passage. Use a pen or highlighter to mark new discoveries from the text.
- ² Put it in your own words. Read the passage or verse slowly, then rewrite each phrase or sentence using your own words.
- ③ Ask and answer questions. Questions unlock new discoveries and meanings. Ask questions about the passage using these words: who, what, why, when, where, or how. Jot down your answers.
- (4) Capture the big idea. God's word communicates big ideas. Periodically ask: What's the big idea in this sentence, paragraph, or chapter?
- ⁽⁵⁾ Personalize the meaning. Respond as God speaks to you through the Scriptures. Ask: How could my life be different today as I respond to what I'm reading?