



Read through the New Testament in 5 minutes a day for 5 days a week by utilizing The Navigator 5 x 5 x 5 Discipleship Tool.

5 Minutes A Day

This 5 minutes a day reading plan will take you through all 260 chapters of the New Testament, one chapter per day. The Gospels are read throughout the year to weave in the story of Christ all year long.

5 Days a Week

Determine a time and location to spend 5 minutes a day for 5 days a week. It is best to have a consistent time and a quiet place where you can regularly meet with the Lord.

5 Ways To Dig Deeper

Pause in your reading to dig into the Bible. Below are 5 different ways to dig deeper each day. These exercises will encourage meditation. Try a single idea for a week to find what works best for you. Remember to keep a pen and paper ready to capture God’s insights.

- 1 Underline or highlight key words or phrases in the Bible passage. Use a pen or highlighter to mark new discoveries from the text.
2 Put it in your own words. Read the passage or verse slowly, then rewrite each phrase or sentence using your own words.
3 Ask and answer questions. Questions unlock new discoveries and meanings. Ask questions about the passage using these words: who, what, why, when, where, or how. Jot down your answers to these questions.
4 Capture the big idea. God’s word communicates big ideas. Periodically ask: What’s the big idea in this sentence, paragraph, or chapter?
5 Personalize the meaning. Respond as God speaks to you through the Scriptures. Ask: How could my life be different today as I respond to what I’m reading?

January reading schedule table with columns: Date, Chapter, and a checkbox. Rows include Mark 1-10, Reflection, Mark 11-16, Reflection, Acts 1-5.

February reading schedule table with columns: Date, Chapter, and a checkbox. Rows include Acts 6-11, Reflection, Acts 12-17, Reflection, Acts 18-25.

March reading schedule table with columns: Date, Chapter, and a checkbox. Rows include Acts 26-28, Hebrews 1-13, Reflection, Galatians 1-6, Reflection, James 1.

April reading schedule table with columns: Date, Chapter, and a checkbox. Rows include Jas. 2, Reflection, Jas. 3-5, Matthew 1-17, Reflection.

May reading schedule table with columns: Date, Chapter, and a checkbox. Rows include Reflection, Matt. 18-28, Reflection, Romans 1-11.

June reading schedule table with columns: Date, Chapter, and a checkbox. Rows include Rom. 12-16, Ephesians 1-6, Philippians 1-4, Reflection, Colossians 1-4, Reflection, Philemon, Luke 1-2.

July reading schedule table with columns: Date, Chapter, and a checkbox. Rows include Luke 3, Reflection, Luke 4-13, Reflection, Luke 14-23, Reflection, Luke 24.

August reading schedule table with columns: Date, Chapter, and a checkbox. Rows include Luke 24, Reflection, 1 Corinthians 1-16, Reflection, 2 Corinthians 1-6.

September reading schedule table with columns: Date, Chapter, and a checkbox. Rows include 2 Cor. 7-9, Reflection, 1 Timothy 1-6, Reflection, 2 Timothy 1-4, Reflection, Titus, Reflection, 1 John 1-2.

October reading schedule table with columns: Date, Chapter, and a checkbox. Rows include Reflection, 1 John 3-5, Reflection, 2 John, Reflection, 3 John, Reflection, 1 Peter 1-5, Reflection, John 1-11.

November reading schedule table with columns: Date, Chapter, and a checkbox. Rows include John 12-15, Reflection, 1 Thessalonians 1-4, Reflection, 2 Thessalonians 1-3, Reflection, 2 Peter, Reflection, Jude.

December reading schedule table with columns: Date, Chapter, and a checkbox. Rows include Reflection, Revelation 1-22, Reflection.



GLORIFYING GOD



GROWING BELIEVERS



REACHING PEOPLE