



## Retreat Most Frequently Asked Questions

How do I get to the retreat?

—A group will car pool from the church at 5:30 pm. Karen will be in contact with those attending to make those arrangements. You can also come whenever your schedule allows.

What time does the retreat start and end?

—Retreat begins with dinner at 6:30 on Friday evening and ends around 4:00 pm on Saturday. You should be back in Lubbock by 5:00 pm.

Can I request my roommate?

—Yes. Karen will be in contact a couple of weeks before the retreat or you can let her know through email at [karen.salvato@iabc.org](mailto:karen.salvato@iabc.org).

What kind of food will be served?

—Friday evening will be deli sandwiches with chips. Breakfast will be burrito fixings, and lunch will be chicken tortilla soup. Attendees will be asked to bring a snack to share. Tea, coffee, and water will be provided.

What should I bring?

—Your Bible, a pen, comfy clothes, a sweater if you're cold-natured, and a snack to share. Rooms are hotel-style so you'll find everything you would normally find in a hotel except for a hair dryer.

Still have questions? Contact Karen at [karen.salvato@iabc.org](mailto:karen.salvato@iabc.org) or 806-702-3940.